



arts & life a5

From here to maternity: the top 10 Bollywood mums

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A success by design



Fatema Al Redha is one of the few Emiratis to graduate from the prestigious School of Fashion Design in Boston, Massachusetts. Story, a7. Photo by Gretchen Ertl

National service for Emirati youth becomes law

All men aged 18 to 30 must sign up

Less than five months after it was first proposed, legislation is fast-tracked through the FNC and approved by the President

Ramona Ruiz

ABU DHABI // National service for all young Emirati men officially became law yesterday.

The landmark legislation, first announced in January, was fast-tracked through the FNC by March. It has now been signed by the President, Sheikh Khalifa, and published in the Official Gazette. It requires every Emirati man aged between 18 and 30 to sign up for military service. Young women may volunteer.

Those who have finished secondary school will serve for nine months. Those who have not are required to serve two years. Service may be carried out in the Armed Forces, the Ministry of Defence, the Ministry of Interior or the State Security Authority.

"It's a great law in this day and age," said Ali Abdullah, 29, an Emirati entrepreneur who has three younger brothers aged 14,

17 and 20. "I'm from the 1980s generation but a lot of the younger Emiratis are way spoiled."

"We've been given a lot of entitlements and appear sometimes to live in a bubble."

"It's not only about giving back but enlisting in the military will make the young stronger. Nine months of military service will also help Emiratis to lose weight, toughen them up and cut down the incidence of diabetes."

Khalid Al Jarman, 28, third secretary at the UAE embassy in London, said: "Passing the national services and reserve law is indeed a very good step. It will strengthen our military presence in the Middle East especially with all the turmoil happening in the region."

"I believe this is a necessary step for young Emiratis to give them a sense of patriotism and loyalty to their country."

Service, continued on 2-9

Ukraine's president tells rebels in east to lay down their arms

I will not talk to gangsters and killers' Poroshenko says

Laura Mills and Jim Heintz

KIEV // Ukraine's new president yesterday demanded that eastern separatist rebels lay down their weapons and said he would not negotiate with "gangsters and killers."

Petro Poroshenko's inaugural address after being sworn in gave little sign of a quick resolution to the conflict that has killed more than 200 people. Mr Poroshenko said that despite Russia's annexation of Crimea, the Black Sea peninsula "was, is and will be Ukrainian".

Hours after the speech, the Rus-

sian president Vladimir Putin ordered security tightened along Russia's border with Ukraine to prevent illegal crossings. Ukraine claims many of the insurgents in the east have come from Russia. Mr Poroshenko said he would offer a corridor for safe passage of "Russian militants" out of the country.

Rebel leaders in the east dismissed Mr Poroshenko's speech. Denis Pushilin, a top figure in the self-declared Donetsk People's Republic, said the president would require heavy security if he wanted to come to Donetsk for talks, "so people won't tear him to pieces".

Mr Poroshenko offered amnesty to rebels who "don't have blood on their hands". "I don't believe it," said Valery Bolotov, the insurgent leader in Luhansk region. Rebels in both Luhansk and Donetsk have de-

clared their regions independent.

The new president promised "I will bring you peace", but did not indicate whether Ukrainian forces would scale back their offensives against the insurgency, which Ukraine says is fomented by Russia.

Russia has insisted on Ukraine ending its military operation in the east. Mikhail Zurabov, Moscow's ambassador at the inauguration, said Mr Poroshenko's statements "sound reassuring", but "for us the principal thing is to stop the military operation", and the insurgents should also stop fighting to bolster the delivery of humanitarian aid.

As president, the 48-year-old Mr Poroshenko is commander-in-chief of the military and appoints the defence and foreign ministers.

Ukraine, continued on 12-9

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World Cup 2014

Fans' anger at cost of watching TV football

Qatar-based beIN Sports under fire; Brazilians ask if it's all worth it; in Sport, full coverage of countdown to the big kick-off, a4, a13, a6-12

World

Iraqi Islamists storm university in Anbar

Al Qaeda splinter group holds students hostage as 59 people die in clashes between Iraqi security forces and militants in Mosul, a10

Business

Sisi faces growing economic challenge

Egypt's new president is expected to look to the Arabian Gulf for \$9 billion to meet its food and fuel needs for the next six months, b1

Sport

Second French Open title for Sharapova

Russian wins her fifth grand slam title at Roland Garros as Novak Djokovic and Rafael Nadal prepare to contest the men's final today, a4-5

▼Emirates

How little Abdullah proved doctors wrong

A little boy born four months premature and weighing just 500g has defied doctors' warnings and developed into a healthy toddler, a4



Rape, guns and murder in India's lawless state

Attacks on women in the Indian state of Uttar Pradesh have made the headlines recently, but they have been on the rise for years — along with violent crime in general

Samanth Subramanian Foreign Correspondent

KATRA SADATGANJ, INDIA // The rape and lynching of two young girls in this Uttar Pradesh village late last month not only reignited nationwide outrage over sexual violence against women, it also brought into focus the extent of lawlessness in India's most populous state.

Anger at the killing of the 12-year-old and 14-year-old cousins on May 27 was compounded by the initial refusal by the local police to take any action because of caste prejudice, as well as by a string of other rapes in the state that followed.

In the most recent case, a 15-year-old girl was found hanging from a tree on Tuesday in the village

of Beniapur. The victim's father claimed that she was raped and killed by six men, who have since been taken into custody.

Attacks on women have been on the rise in Uttar Pradesh for years. Between 2007 and 2012, the most recent year for which statistics are available, the number of such crimes rose 12 per cent from 20,993 to 23,569. Last year, 126 rape cases were recorded in one week alone.

The overall crime rate in Uttar Pradesh is also high. The state, home to about 16 per cent of India's population, accounted for a third of all reported crime in 2011. Of the 3,718 shooting deaths recorded in India in 2012, 1,720 were in Uttar Pradesh.

Crime, continued on 11-9

Cases of Alzheimer's 'may soar by 2030'

Lindsay Carroll

ABU DHABI // The incidence of Alzheimer's disease may be underestimated because many families attribute signs of dementia to the natural ageing process.

Doctors believe that, as understanding grows, the prevalence of Alzheimer's and other memory-loss disorders could increase from 4,300 cases now to 32,000 by 2030.

"I think the feeling of all neurologists here is that we're seeing only a small part of the Alzheimer's that's out there," said Dr Ajith Goonetilleke, consultant neurologist at Maftaq Hospital.

Alzheimer's, continued on 7-9

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Alzheimer's, continued on 7 →

UAE and Russia agree to work together to pursue new economic opportunities

The UAE and Russia are to extend bilateral ties through new economic opportunities. The Minister of Economy, Sultan bin Saeed Al Mansouri and the Minister of Regional Development of the Russian Federation, Igor Shuyayev, signed a Memorandum of Understanding on Friday in

Moscow. Mr Al Mansouri said the UAE accounted for more than two thirds of the volume of trade exchanged between GCC states and Russia. It is believed that about 750,000 Russian tourists visited the UAE last year.

Police in Abu Dhabi launch World Cup-themed road-safety competition

Abu Dhabi Police have launched a Road Safety World Cup Application competition for smartphones. Fans are invited to back one of 32 teams through social networking sites dedicated to the "together" campaign to reduce traffic accidents. The names of the teams are inspired by traffic-

safety topics and they will compete by posting the highest number of tweets and awareness messages during 90-minute matches. Those that post the highest number of tweets will qualify for the next round and the overall winner will receive prize money of Dh45,000.

Portrait of a Nation

A love affair with fashion

After graduating with a degree in accounting, Fatema Al Redha ditched the world of balance sheets to pursue her dream, her real passion, designing clothes, writes Ayesha Almazroui

ABU DHABI // Even as a child, Fatema Al Redha's attention to detail on the clothes she made for her dolls was an indication of her talent. Encouraged by her family, the call of fashion design proved impossible to ignore despite her best intentions - she graduated from Zayed University in 2007 with a degree in accounting. Now, at just 31, she is one of the few Emiratis to graduate from the prestigious School of Fashion Design in Boston, which has a long list of renowned alumni, many of whom enjoy key positions in the industry, such as Dawn Mello, Jo Somers and Daniel Faucher. Ms Al Redha graduated from the certificate programme on May 10 after two years and showcased her designs at a show organised by the school to mark the event. Now she is continuing her education and hopes to get a diploma by 2014. Ms Al Redha is looking forward to returning to the UAE at some point

soon to start her own brand and contribute to the burgeoning fashion industry here after learning as much as she can in America. "As the UAE is going through this breathtaking revolution in all fields, I wish to push its name as the next hub for the fashion industry in Middle East and the world." Ms Al Redha's love for fashion goes all the way back to early childhood and her dolls. This was encouraged by her mother and grandmother, who taught her hand and machine sewing. "For some reason, even early in life, I always tried to perfect my garments and finish them as much as a child could. Over time, I found myself in deep love with fashion." Despite this emerging talent, she had not considered fashion design as a serious career path. "After her accountancy degree, Ms Al Redha then tried out different jobs, but felt "some void" and longed to pursue a career in fashion. However, it was not until her family moved to the US in 2011 that she started to think seriously about this. "I felt that pursuing a career in fashion was my dream and I am in the US where training is accessible. "I think it is the best decision I have taken in my life and I couldn't be any happier now I am working in the field I love most, the world of fashion design." So, where does she get her ideas? "Creative ideas are hidden in



Fatema Al Redha at the School of Fashion Design in Boston, Massachusetts. Gretchen Ertl for The National

every shape, form, line, space, texture and colour - all around us in this world. It is how we perceive things and reflect them back in our designs, which may turn a simple idea into a piece of art. "I love feminine styles and lines, I love princess-line dresses with delicate details. I enjoy working for hours on trims, laces, embroidery, beading and anything sewn into a garment." The princess-line dress is a very classic silhouette. It is styled with a close-fitting bodice and skirt, cut in single pieces from shoulder to hem with a vertical seam. The vertical lines make any woman look instantly thinner and taller; it has an exquisite style, she says.

"A true couturier is like an amazing plastic surgeon, nips and tucks in some areas, augmenting other areas, building a strong foundation to enrich everything, while considering the individual need of client. A well-fitted garment will magically turn a woman more self-confident and charming." "I truly enjoy adding my hand stitches to finish the garment as a personal touch." Ms Al Redha is now seeking more training in the US, while she is setting up her brand between the UAE and the US. Of the fashion scene in the UAE, Ms Al Redha says a whole many Emirati talents are interested in pursuing a career in fashion design

here, the UAE lacks training programmes. "Therefore, they find difficulties with the technical execution of their ideas, which might affect the aesthetics of the final product. But despite this, she believes that the future is bright. "I follow a lot of Arab and Emirati designers from all generations. Emiratis are very talented, gifted and hard-working designers. I truly love their innovative ideas and style in fashion. I see a lot of promising talent out there. "I encourage all aspiring Emirati designers to follow their dreams." @almazroui@thenational.ae

Inspectors find 2,000 illegal taxi operators

The National Staff

Inspection campaigns organised by the taxi authority TransAD and Abu Dhabi Police have uncovered a phenomenon of "smuggling of passengers", where the owners of private vehicles transport passengers for a fee as their source of income. Some of those caught operating these illegal taxis had a fleet of private vehicles and hired unlicensed drivers. The inspections, carried out during the first five months of this year, revealed 2,000 cases of smuggling passengers. Punishments for this crime, set under Law 19/2006 on Taxi Transport Regulation in Abu Dhabi, range from fines of between Dh5,000 and Dh10,000 to a 30-day jail term, or both. Many of those caught breaking the law are repeat offenders, and TransAD has proposed amending the law to disqualify drivers caught more than once. TransAD warned the public not to use unauthorised taxis, because the vehicles are not properly equipped for the safety of passengers and may not even be insured. In addition, the drivers are not linked to an employer and cannot be easily prosecuted should any problems arise. Yet according to *Al-Itihad*, the Arabic-language sister newspaper of *The National*, a large number of people in Abu Dhabi continue to use illegal taxis because of the lower fares and their availability in remote areas. Parents, in particular, often rely on them to transport their children to and from school. @newsdesk@thenational.ae

the biog
Fatema Al Redha
Age 31
Family Married with an 18-month-old son
Education Graduated in 2007 from Zayed University in Dubai with a degree in accounting and finance

Healthy lifestyle offers 'good chances' to reduce risk of dementia

Alzheimer's, continued from 1
"Especially with the kind of support systems we have in this country - especially Emiratis - they will just look after a person with a poor memory without trying to find the diagnosis for it," Dr Goemmelke said. European doctors at a medical forum in Abu Dhabi last week said the number of cases could increase by 600 per cent by 2030. *Al-Itihad*, the National's Arabic-language sister newspaper, reported. They attribute the projected growth to more diagnoses, an ageing population and the high prevalence

of risk factors such as high blood pressure. Numbers are also expected to increase worldwide. The most common forms of dementia are Alzheimer's and vascular dementia. Alzheimer's accounts for more than half of cases, and is a neurological degenerative disease involving the gradual loss of nerve cells in the brain. The exact cause is not known, and likelihood of developing it increases with age. Conservative views are that the number of those affected worldwide will at least triple by 2050, according to Dr Heike Jacobs, senior consultant for neurology at the Ger-

man Neuroscience Centre in Dubai. Vascular dementia involves decreased cognitive skills related to a lack of blood supply to the brain. Certain conditions such as high cholesterol, diabetes and heart disease can increase the risk of developing dementia. Only about 1 per cent of cases of Alzheimer's are genetic, said Dr Karoly Vadassdi, specialist neurologist at Canadian Specialist Hospital in Dubai. Many people may not know they can reduce their risk of developing dementia in old age, Dr Jacobs said. "There is not enough awareness regarding the likelihood that every

one of us has a high risk to be affected with Alzheimer's, and also not enough awareness that there are good chances to reduce this risk with... healthy living," she said. These can include maintaining a body weight within recommended guidelines, avoiding tobacco and excess alcohol, staying socially connected and exercising both the brain and the body, she said. There may also be a link between serious head injuries and future risk of Alzheimer's, especially when trauma occurs repeatedly or involves loss of consciousness. "Protecting the brain by buck-

ling the seat belt, wearing a helmet when participating in sports, and 'fall-proofing' the home is important," said Dr Jacobs. These diseases are more extensive than forgetfulness that may come with ageing, said Dr Vadassdi. Mild forgetfulness is normal, but dementia involves memory loss and disorientation that progresses over time. Early diagnosis could be crucial to helping treat these forms of dementia through medication that slow the process of cognitive degeneration, said Dr Vadassdi. It can also help families prepare. The disease can take a huge toll on

families, he said. "I've seen a lot of families who are really distressed. What the family sees is that the patient is slowly, slowly deteriorating, even with treatment. The worst part is when the patient doesn't recognise the family members or their environment - their homes." Patients may also develop behavioural changes that can be difficult for their loved ones to cope with. "It is recognised in the early stage, then there are eight to 10 years for the family to prepare," said Dr Vadassdi. @lcarroll@thenational.ae

دائرة الشؤون البلدية
DEPARTMENT OF MUNICIPAL AFFAIRS
بلدية مدينة أبوظبي
ABU DHABI CITY MUNICIPALITY

Invitation to Public Tender
The Abu Dhabi City Municipality invites bidders to take part in the following Tender:

Tender No	Project Name	Deadline for Buying Tender Documents	Tender Fees
(TT) 103/2014	Security Event and Incident Management (SEIM) Solution	Thursday 19/06/2014	2,000 (AED)

• For more information about the details of the tender advert, please visit the website of Abu Dhabi City Municipality (www.adm.gov.ae).
• For inquiries please contact: 02-6957827 / 02-6955872 (Abu Dhabi) or send e-mail to: procurementdivision@adm.abudhabi.ae.

Procurement Division

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دائرة الشؤون البلدية
DEPARTMENT OF MUNICIPAL AFFAIRS
بلدية مدينة أبوظبي
ABU DHABI CITY MUNICIPALITY

Postponement of Tender Notice
The Abu Dhabi City Municipality announces the postponement of the following Tender:

Tender No	Project Name
(T.T) 91/2014	Upgrading & Installing Computer Systems

• The deadline for buying bidding documents is Thursday 12/06/2014 (from the start of the official working hours up to 3 pm) instead of 29/05/2014.
• The deadline for submitting bids is Tuesday 17/06/2014 (from the start of the official working hours up to 3 pm) instead of 03/06/2014.
• This notice is an integral part of the terms and documents of the tender.
• For inquiries please call: 02-6957999 or 02-6955872 (Abu Dhabi).

Procurement Division

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ADMunicipality www.adm.gov.ae

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→ [Alzheimer's, continued from 1](#)

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